

Women march to try and take back the night

By Shelly Kraft

Approximately 500 women and children, including staff and students from Conestoga College, gathered at Seagram's Stadium in Waterloo, Thursday Sept. 18, to participate in Kitchener-Waterloo's annual Take

Back the Night march.

The two-hour local event was organized by the Kitchener-Waterloo Sexual Assault Support Centre.

Similar marches were held across Canada as a fight against violence towards women and a fight for the right to feel safe in one's own com-

munity.

Joan Magazine, a Conestoga College counsellor at the Doon campus, participated in the walk.

"I'm truly sad about the extent of violence in our society—much of which is aimed at women.

"I'm frustrated and angry that I, as a woman, have to question what I do and where I do it," she said.

"I felt personally good that I had participated, but it's sad to realize that we even have to do this," Magazine said.

The procession began at Seagram's Stadium, travelled out to King Street via Erb Street and continued down to Speaker's Corner in Kitchener.

During the march, there was singing and chanting. "Women unite—take back the night" and "safe streets now," rang through the streets of downtown Kitchener and Waterloo.

Women carried placards that read "Freedom Now" and "No Means No," and wore signs that read "This One's For Nina," referring to Nina de Villiers, of Burlington.

Some participants also carried candles and a few marchers wore white make-up on their faces to mourn the violent deaths of women everywhere.

There was support from non-participants as well. King Street store employees waved from doorways,

and people driving by honked and gave the thumbs-up sign.

Upon arrival at Speaker's Corner, there were speeches delivered by people including Marcia Smellie of the Council of Black Women of Canada, and Jes Galloti, administrative co-ordinator of the Kitchener-Waterloo Sexual Assault Support Centre. "I am letting go of being a victim," Galloti said.

Conestoga's peer helping administrator Valerie Gennings was also present at the march. "I think it's important for women to literally take back the night," she said.

Men were discouraged from participating in the march itself, and some who showed up were asked to leave.

"Women shouldn't need to be protected by men and having them walk with us is saying we can't go anywhere without them. That makes me angry," Gennings said.

"There's other ways (for men) to support," she said.

I thought there were no men on the march, their support was visible. Men dropped the women off at the stadium and picked them up at Speaker's Corner where men were waiting and cheering upon the arrival of the procession.

Men and women gathered together for a celebration at the Church of the Good Shepherd after the march.



Women of all ages marched in Kitchener chanting anti-violence rhythms during Take Back the Night.

(Photo by Shelly Kraft)



Gail Resch holds sign from Montreal massacre.

Canada loan recipients to pay extra fee

By Lori Joslin

Students entitled to a Canada Student Loan faced an extra expense of three per cent of their loan total.

It is called the loan guarantee fee, paid up front, when the student negotiates the loan. The treasury board announced the fee in 1989, as a deficit reduction measure.

The fee, according to the Receiver General of Canada, will "offset the cost of benefits received under the Canada Student Loan program."

Betty Martin, Doon's registrar, doesn't think the fee is fair to students. "Why should all students have to pay and make up for the defaulted loans of others?" she said.

Martin is also critical of the im-

plementation method. "Perhaps the fee would not have been as noticeable had they taken it out with the loan assessment," she said.

With the fee in place, according to a press release from the Receiver General, the student can secure a loan without security or proof of ability to pay. However, if the student refuses to pay the fee the student will not get the loan.

A clerk at the Royal Bank Student Loan Centre on King Street in Kitchener who would not give her name said she just learned about the fee in August.

"The fee is a lot of extra work for us... that we don't get paid for."

The 1991/92 OSAP forms have the provision printed on them, she said. Included is an appeal to students from the office of student awards and the Ontario Association of Student Financial Aid Administration.

The Ontario Association of Student Financial aid said in a press release "the three per cent administrative fee is an inappropriate levy for a need-based program and is inconsistent with the federal government's commitment to accessible post-secondary education."

It added that "students from the lowest income backgrounds who have no alternative but to borrow to finance their education, will pay proportionately more than students with a lesser need." It went on to urge letters be written to Secretary of State Robert de Cotret.

Conestoga College competes with universities in food drive

By Stephen Uhler

During the week of Sept. 30 to Oct. 4, Conestoga College will participate with the University of Waterloo and Wilfrid Laurier University in the Thanksgiving food drive challenge.

The event is for the Food Bank of Waterloo Region. The bank is encouraging friendly competitions between local schools and between businesses.

According to Becky Westman, activities co-ordinator for the Doon Student Association, competitors will be judged by the amount of food donated. The food will be brought into the bank, located at 350 Shirley Dr., Kitchener, every day of the drive week to be weighed.

In the case of the contest between Conestoga, UW, and WLU, the amount will be divided by the number of students attending the institutions. The resulting ratio of food per student will be used to determine winners. This is done in order to compensate for the differences between the populations of the student bodies. Daily results will be posted on all DSA bulletin boards and at the activities office.

The types of food sought are canned goods, like canned vegetables and fruit, baby food in jars and formula, powdered milk and dry goods like pasta and rice, high protein foods like peanut butter, and all cereals.

The DSA, said Westman, has organized Doon campus's drive. An information table will be set up by the student lounge. There will be donation boxes located at all DSA offices, outside the student services office and in the college administration building. On the Waterloo and Guelph campuses, these boxes will be in their respective student association offices.

Wednesday will be the main drive day, and special efforts will be made to encourage student participation. Westman said she would like to get "faculty, staff and administration" involved, and encourages challenges between programs within the college.

A slave auction, in which members of the DSA are sold off to be personal servants for a day of the students who buy them, will be held at noon in the cafeteria Oct. 3. All bids and sale prices will be in food.

For further information visit the DSA activities office or call the Food Bank at 743-5576.



Dodging traffic

Karen Fratch braves the traffic on Homer Watson Boulevard to get to Conestoga College's Doon campus. She is one of dozens of people who bike to Doon. See story, page 4.

(Photo by Dan Harrison)

SPOKE

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Smell the smoke?

By Renee Ammendolla

If there is anything to be said for fire alarms at Conestoga College, I guess it is that they wake you up during class. But then again, I'm not even sure that they do that.

I have noticed as time has passed is the lack of response to the fire alarms at this college.

It seems people are only vaguely aware the alarm is ringing, and really couldn't care less. On Sept. 5, Willard Pollard, a first-year computer analyst student, pulled the fire alarm at Conestoga when he saw smoke coming out of the back of a computer drive. According to Pollard, the computer power supply is over 200 amps and there was the possibility for "a hell of a fire."

Yet he also mentioned that when he went back into the room where the computer was smoking, other people were still sitting at their computers. He said he was worried that people did not respond to the alarm and said it seemed to take hours for everyone to leave.

I'm not surprised. I didn't see anyone running out of their classes in an effort to break record time either. I find the whole situation so funny because of my days in elementary school. I remember just how excited everybody used to get about fire alarms.

At the beginning of the year, the teacher would show us the fire escape signs, and take us to the exit that we would have to use in case of a fire. As soon as that fire alarm went off, we all would put our books and pencils down, obediently rise from our chairs and follow our teacher outside, rain or shine. In the winter time, the kids would even bring an extra pair of shoes to wear inside, just in case there was a fire alarm. Nobody wanted to get caught wearing their socks in the snow. Things have definitely changed.

During the summer months, students that in the school were subjected repeatedly to announcements concerning false alarms and told not to pay attention to them. I think for some of us it is now a case of classical conditioning. We hear the bell, and we ignore it.

During the computer incident, I noted that I was in no particular rush to run outside and save myself. The whole thing was rather casual for my classmates too. We all looked at each other as if to say "here we go again", got up, laughed, grabbed our cameras, and told some jokes. Perhaps that is really how the alarm is regarded. As one big joke. If they were taken seriously, I think people would move a little faster. It is frightening when you think about it. You never know when the alarm is really going to count. The problem is people just don't believe anything can happen to them.



By Kingsley Marfo

In a society where self-service is predominant, it is

refreshing to realize there are certain institutions and individuals who still delight in giving good service to others.

But I never thought that I could find an example of exemplary service in, of all institutions, a bank.

With their automated and impersonal services, rigid formulas and predetermined criteria of assessment when dealing with customers, banks were the last place I expected to find personalized service.

It took a phone call from a bank teller at the Montreal Trust location in Kitchener to convince me

that some banks still provide personalized service to their clients.

My rent was due and I had issued a postdated cheque to cover it. Unfortunately, at the time the rent cheque became due to be cashed by my landlord, my account was overdrawn by \$16.

Most banks return the cheque for insufficient funds. But a conscientious teller at Montreal Trust, literally, tracked me down with phone calls, including a call to my emergency contact listed on file. I was grateful after depositing \$16 dollars and saving the \$35 dollars it would have cost me if the cheque had been returned.

The teller said she took the trouble to provide that extra service because she enjoys showing her customers that her job is to serve their needs as much as that of the bank. Probably, the small size of the branch where the teller works

(Montreal Trust) made it possible for her to interact with regular customers.

Nevertheless, the initiative of the teller is significant since it shows she understands her job as a giver of service. I was mystified by the whole incident because there were instances when my cheques had been returned without any attempt to track me down.

There is something about service that eludes description. But it is a good feeling which benefits both the giver and the receiver.

The giver feels good for having being useful to another person, while to the receiver, service gives a feeling of importance.

I managed a restaurant before I entered college and I sometimes wondered, during busy Friday nights why my customers seemed to be more concerned about the level of service they received than

the quality of the food they were served. Most customers appreciated being greeted promptly at the door and shown to their seat. If there was a line-up they wanted to know how long they would have to wait to be seated.

Those lucky enough to have been seated would complain if they had to wait more than 15 minutes before their appetizers were delivered.

It never failed to amaze me that some customers would hardly notice burnt garlic bread with the surface scraped off by an overworked pasta cook, provided it was delivered within five minutes with a smile by their server. The few who occasionally noticed that their toast was a little darker than usual were usually nice about it provided the service was speedy.

On unusually busy nights I often wished that customers pre-

pared their own meals at home, and that the irate ones would show greater understanding if there was a mistake in the preparation of their meals.

There was a particular class of customers I simply could not stand—those fussy ones who complained about the way cutlery had been arranged on their table during a busy dinner rush. I think it was this type of behavior by customers which eventually drove me out of the hospitality business as a restaurant manager.

At the time I thought the expectations by some customers were unrealistic and that my job was too stressful and unrewarding.

But this phone call by a dedicated bank teller to me recently has convinced me that good service satisfies a need just as food satisfies the physical need of hunger.

OPINION

Live Aid's latest project - a charity record for starving OSAP students



CRTC says Bryan Adams non-Canadian

The Canadian Radio-television and Telecommunications Commission recently had the gall to say rock singer Bryan Adams cannot be classified as Canadian content on radio stations just because the co-writer on his new album is British.

This means that any song from his new recording, *Waking Up the Neighbors*, can only be played 19 times per week on FM stations.

The new record can have unlimited play on AM stations, which it would have had on all stations if it would have rightfully been classed as "Canadian."

The CRTC uses a system with a stereotypically Canadian name. The MAPL system, standing for music, artist, producer, and lyrics, judges whether recordings can be classed as Canadian content. Points are awarded in each category for

Canadian contributions.

Adams didn't qualify by a half-point. He lost it in the lyrics section because his co-lyricist was British.

This is just plain stupid. The commission is basically declaring Adams non-Canadian, which he most certainly is not. Adams is as Canadian as apple pie is American.

He is famous the world over, but has never turned his back on his Canadian homeland. He has always been supported by Canada and that support and association should not have to stop just because he has a Briton for a co-writer.

Other results of the CRTC's shoddy judging system are American blues singer Bonnie Raitt and British rocker Rod Stewart being classed as Canadian content because of their Canadian songwriters, and therefore being given

unlimited airplay.

One of the main benefits of having Canadian content rules is to provide role models for the youth.

No offence to lyricists or producers, but it is the singer who is the focal point of music.

It is the singer who is most visible, appearing on talk shows and on videos. When young people hear Bryan Adams on the radio, or see him on *MuchMusic*, they think if he can be successful, maybe they can too.

They think this because Adams is the person they see and hear all the time, not his British co-lyricist. Adams himself has made no comment on the situation so far, but he must feel like the whole Canadian music industry has given him a slap in the face.

— By Stewart Shutler

Canadians lured by cheaper U.S. prices

Canadian shoppers are finding that they would rather spend their paycheques in the U.S. instead of their own country. People are lured there by bargains and promises of cheaper items.

The 1 1/2-hour drive means nothing to cross-border shoppers, as they flock into grocery stores and bargain outlet malls to buy things that they could normally buy here.

The government says that Canada is slowly coming out of a recession. But people in Ontario don't like paying the goods and services tax (GST) and would rather pay tax on items in the states just to spite our government.

Canada Customs inspectors are working overtime in an effort to catch smugglers and people who

are abusing the system. On a busy holiday weekend, as many as 14,000 vehicles per day drive through customs at the Queenston bridge alone.

The number of same day car trips to the U.S. has also increased to 43 per cent in the past two years, Statistics Canada said.

Is there an alternative to cross-border shopping? Should we have installed the free trade agreement?

Revenue Minister Otto Jelinek suggested the imposing of the tax on incoming goods, but nevertheless, people still will be willing to pay \$21 plus tax on a carton of cigarettes instead of the Canadian price of \$43.84.

The main problem that persists is that local retailers are feeling the

effects of cross-border shopping. Business is slow and many retailers are leaving because they are not making enough profit to support themselves.

If a pair of shoes is offered here for \$39 and offered for \$19 over the border, consumers are going to go the distance.

People have to realize that they are going to have to start putting money into our own economy before prices drop to American standards.

We, as Canadians, unfortunately can not afford it. The occasional trip is not bad, but when people make a weekend out of it, every weekend, the only ones who are going to get hurt are Canadians.

By Leanne Okum

You tell us

"Do you believe a sexual assault can be provoked by the victim?"



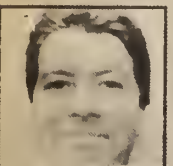
"Yes I do believe that in a way it can be provoked. I don't know...some people would disagree with me."

Tony Enns, second-year graphic arts



"I don't think so. No one wants to be sexually assaulted. Why would someone provoke it?"

Heidi Zoern, second-year mechanical engineering



"Flirting can be taken to an extreme. Sometimes, you can get carried away."

Paul Rivett, second-year wood working



It depends on the situation. I still think the ultimate decision is up to the woman. No means no."

Bobbi Swartz, first-year social services.



"No, not necessarily provoked. That's my best answer."

James Bellefeville, third-year electronic engineering



"No. You shouldn't be intimidated by men because of the way you act or dress."

Paula Koehler, first-year electronics.



"No. What can you do to provoke a rape? I don't feel any woman deserves that kind of treatment."

Andre Fleck, first-year electronics engineering.



"Unfortunately, it can be provoked, but everybody should be responsible for their own behavior. If someone provokes you into being stimulated, you should still have the sense to say no."

Victor Hollowczenko, first-year social services.



"No. The problem lies with men who remain threatened by not only women, but by the sexual revolution as a whole."

Trevor Campbell, second-year broadcasting.

Corrections

In the Sept. 16 edition of Spoke in a story entitled, Flocking Together, the mascots at a Blue Jays game were reported to have led their colleges in a cheering contest.

There was no contest involved.

In a photo cutline on page four, third-year marketing students selling chocolate from their program should have been identified as from left, Debbie Braun and Liz Dayman.

Spoke regrets these errors.

Safety alarms sold on campus

By Sarah Jane Paterson

Bushes are being trimmed, new outside lighting installed and personal alarms are being sold at the Doon campus in an effort to make Conestoga College a safer place for women.

"While we are making it safe for women, we're making it safe for everybody else," said Malcolm Rostance, chair of the Woman's Safety Audit group.

These initiatives stem from recommendations made following a safety audit held at the Doon campus in May and from information gathered by a corresponding questionnaire.

Rostance, also health, safety and environmental co-ordinator at Conestoga College, said improving the 20-year-old lighting was a priority even before the audit, but the audit brought out the urgency. "It will be changed, one way or the other."

Rostance hopes the lighting is brought up to Ontario Hydro standards campus-wide in two years, rather than the five it might have taken under normal circumstances. Although everything depends on how much money is made available, he said.

The lamps installed in parking lot 5 (the newly paved one by the recreation centre), will be tested for their suitability for the whole campus, Rostance said.

Although no official approval has been given, other changes are being implemented to ensure women's safety on Conestoga's campuses.

Personal alarms are being sold in the bookstore at the Doon campus for \$23.28 (including taxes). It's a deterrent to attack, said Rostance, although nothing can stop an assault if the person is really determined.

The alarm lets out a piercing sound by pushing a button or pulling a pin. It can't be shut off until the pin is put back in. The attacker may let go if he attempts to stop the noise, Rostance said.



Malcolm Rostance, chair of the women's safety audit, holds a personal alarm. It is sold in the bookstore at Doon Campus and costs \$23.28.

(Photo by Sarah Jane Paterson)

The approximately \$1 profit on each alarm goes into the college's ancillary fund. Any profit made by the college goes into this fund and is then spent on college needs.

Another recommendation from the audit group is training women how to protect themselves from attack.

During the summer, there was a three-hour pilot training session of 20 college women by the company, Out of Harms Way. The company also sells the personal alarms.

"It made women feel more comfortable when walking alone," Rostance said.

These safety measures are necessary although "80 per cent of attacks that occur on women, don't occur in parking lots and in lonely areas. (It happens) in their own apartments," Rostance said.

Being a man gives Rostance a different

point of view on violence towards women and children.

He said he is angry because he loves to walk and he can't, unless his wife is with him, because women cross the street when they see him alone.

Lori Joslin, a member of the woman's safety audit group, said she joined the because she used to walk home from the Doon campus and was concerned for her safety. "It was dark and you get worried. You hear rumors about assaults," she said.

She thinks the personal alarms are a good idea.

"My mom would like me to have one," said the fourth-semester journalism student, but it is "a little expensive."

The safety audit group's report now needs the "go ahead" from the college executive.

WSA president speaks at rally

By Lyn McGinnis

Only one man spoke at speaker's corner in Kitchener to 490 women during the annual Take Back the Night rally on Sept. 19.

Three women had already addressed the crowd about the fear women feel walking alone at night and their anger over the justice system's response to rape.

Paul Griffin, president of the Waterloo Student Association presented the sponsors of the protest march, the Kitchener-Waterloo Sexual Assault Support Centre, with the proceeds from Waterloo's orientation draw, 50/50.

"As I stand here in sound mind and body I want to tell you I respect you and stand behind you 100 per cent," he told the crowd.

He told them about Conestoga's date/acquaintance rape week, Sept. 23-27, and said part of Waterloo's contribution to the week was making the donation.

"It's not a lot of money, but the reasons behind it stand for themselves," he told them.

Men were encouraged to support the march denouncing violence against women, but not to actively



Paul Griffin, WSA president, addressed the Take Back the Night crowd.

(Photo by Lyn McGinnis)

participate. Griffin was the lone exception.

Griffin later said he personally presented the idea to the WSA's council of giving the money to the K-W Sexual Assault Support Centre.

Comments made during a July WSA council meeting that Melissa Rdrigues, WSA treasurer and second-year business student, wear a bikini to help bring people into a charity car wash, caused some concern.

"It was made in jest, but the fact

remains it was said. People have to be aware of what they say and who hears it. The people who said it have apologized to the person," he said.

Giffin said the donation had nothing to do with the bikini comments.

He said the preparations for date/acquaintance week were extensive, including posters and a video presentation.

"We are trying to make everyone at the college aware. Hopefully they will educate themselves and become more respectful of the rights of women."

New special needs lab open

By Nate Hendley

Isaac Cabrera, a third-year computer programming student, can make his way around regular Doon computer rooms in his wheelchair, but finds it more convenient to use the special needs computer lab in the technology wing.

Cabrera explains: "In my class, there are 35 students and 30 computers in one lab. If you get there late, five students don't get a terminal."

He finds it less hectic to go to the special needs computer lab rather than compete with his classmates for use of a terminal or printer.

The 800-square-foot facility in room 2A11-1 features three operational computers and workstations large enough to accommodate wheelchairs. The lab also has one copy of the Jobs Access With Speech computer program which reads out written material to visually-impaired students.

Rick Casey, special needs co-ordinator for the college, explained: "The lab gives our special need students access to the equipment they need to do their work."

Special needs students last year used a lab in room 2A50 for computer work, a facility most students don't recall with much fondness.

"The old room was cold and noisy. The new lab is a lot better," Cabrera said.

Room 2A50 has now been converted into a wash-room.

Computers and equipment in the new lab, which is open from 8 a.m. to 3:30 p.m. Monday to Friday, cost about \$20,000, according to Casey. Funding for construction came from the \$225,000 share of the \$576,000 grant awarded Conestoga by the Ministry of Colleges and Universities set aside for retrofit building projects for disabled students.

Mike Winegarden and Glen Wade, two blind students both in their third year of business management at Conestoga, use the new computer room frequently.

"This new room has been a big help to us. The college



Special needs student Glen Wade with seeing eye dog.

(Photo by Nate Hendley)

has definitely been pretty good for us," Wade said.

Wade added, "This room is more accessible to special needs students in wheelchairs. People in wheelchairs couldn't use the other room."

Since the new computer lab is situated near Door 1, it is both close to the Dooners cafeteria for lunch breaks and the road for parking.

Judy Hart of the special needs office works from a desk in the new lab and supervises special needs students who use the room.

"This room's great. It's quiet and there's lots of space. It's a very positive move for us to come here. Students are very pleased to be using the room as well," she said.

Casey added, "There is a need for us to have space that is not just accessible to special needs students but acceptable. Where we were last year was accessible, but definitely not acceptable."



Doing is the best part of learning.

Across Canada, the Shell Environmental Fund is helping to turn classroom lessons into environmental action projects for school children.

As part of their studies on wetlands, students from Concord Public School in Windsor, Ontario, have made a former landfill site their conservation project. From cleaning up the area to building nature trails and planting trees, the students are learning that they can make a difference.

Students at Ecole St. Laurent in Lawrenceville, Quebec, have brought their study of bluebirds to life. They built, painted and placed 23 birdhouses in the woods - and now make field trips to learn about bluebirds in their natural habitat.

The \$1-million annual Shell Environmental Fund provides grants for action-oriented, innovative environmental projects in schools and communities across Canada. For more information about the Fund, call us at the Shell Helps Centre at 1-800-661-1600.



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Cycling safety questioned

By Daniel Harrison

Karen Fralich flies down Homer Watson Boulevard, her hair whipping around her face. Quickly closing behind her is a semi-trailer truck; it makes no effort to change lanes, and barrels past Fralich and her 10-kilogram bike. The suction as the truck passes pulls at her, but she manages to keep the bike steady.

Prophetically, the day before Fralich had said, "The big trucks drive right by you and almost suck you in. They drive fast and they don't give an inch to you. I have to drive on the thin strip of pavement between the white line and the gravel shoulder."

Fralich, a second-year electronics engineering student, is only one of dozens of students who bike to Conestoga College's Doon campus everyday. Some take the back streets, while others brave the heavy traffic, inconsiderate drivers and large trucks that use Homer Watson Boulevard as an artery to Highway 401.

"Some morons don't watch and turn almost right into you," Fralich said.

Bill Kliengenberg, a lanky, first-year construction technology student, has had the same experience.

"I've taken Homer Watson, but the trucks are too crazy. They don't give you an inch. Once a guy in a . . . truck pushed me onto the shoulder," Kliengenberg said. Luckily, He was able to keep control of his bike. Now he rides a back route using Old Mill Road, and doesn't mind the extra time it takes. But Fralich says she can't afford the extra time and trouble on Old Mill Road.

"It's too easy to get lost and it's too hilly," she says. Kliengenberg has a simple solution to the problem.

"It would be beneficial if they had a bikepath down Homer Watson." But Claire Bauman, an engineer with Waterloo Region, which owns the land on either side of Homer Watson Boulevard, says there are no plans for a bike path. The widening of the boulevard planned to be completed within the next five years eliminates the shoulder and replaces it with curbing, he says.

The region is willing to act to see bikepaths come about, he says. Kitchener and Waterloo have recently established a joint committee to study bicycling in the Twin Cities. The committee, co-chaired by Alderman Mike Wagner from Kitchener and Coun. Joan McKinnon from Waterloo, has representatives from the two universities, both school boards, Waterloo regional police, and business, but no members from Conestoga College.

"If two or three students from Conestoga came to the next meeting we would immediately place them on our committee," Wagner said. The committee was unanimously endorsed by both city councils and has a budget and the power to act on its decisions, says Wagner.

"(A bikepath to the college) is in our mandate and it is something we are definitely looking into," he says. Wagner doesn't see an immediate solution, but "we have to get on the engineers so they can incorporate a path into their plans."

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Off-campus news feature

Welcoming a new world order

Journalist Gwynn Dwyer's speech opens Wilfrid Laurier lecture series

By Barbara Jackson

In the last three years, the world has seen an avalanche of change, and not surprisingly, journalists. Gwynn Dwyer, who spoke at Wilfrid Laurier University on Sept. 19, witnessed many of them first hand.

Eager to see if the Canadian journalist could live up to his formidable reputation, throngs of enthusiasts and skeptics alike, packed WLU's Peter's Building auditorium.

Dwyer's lecture, focused on the hypothesis that the world is headed towards a more humane future, free from the misery that accompanied previous political upheaval.

Dwyer, who describes himself as being cautiously optimistic, suggests that events like the recent dismantling of the Soviet Union, along with the rapid pace of Third World industrialization, indicates the emergence of a new world order.

"I can interpret most of the events because I've seen them occur over the last few years.

"There has been a marked shift in the way human beings conduct their affairs, and the changes we have witnessed have been, generally, for the good of mankind and achieved in the absence of violence."

Dyer said the kinder and gentler mindset in world conflict resolution could be attributed to the collapse of cultural patriarchy.

"The tenants of patriarchy have been coming under some serious challenge. The feminist and environmental movements have changed our definition of who a human being is," he said.

The cautionary side of Dyer's optimism emerged when he spoke about north-south relations.

He said that if we are going to

make it into the 20th century with any recognizable remnant of the present, we must begin a series of negotiations with the south.

"One-fifth of the global population has lived in a high-tech, high consumption and high excretion society for the last 50 to 70 years.

"As a result, there are holes in the ozone layer, global temperature changes and Lord knows what else. The other four-fifths want the same industrialization, but what happens when all of the planet is industrialized by the same means?"

Dwyer believes that both wealthy and Third World states are being forced to modify their technological strategies.

"The only way to solve a real dilemma is to accept that everybody has equal rights."

Maintaining that an unprecedented movement towards worldwide democracy is underway since 1980, he said, "the number of people living in democratic countries has doubled.

"Third World dictatorships are being shot down everywhere, look at Angola, Cambodia and South Africa."

Dwyer attributed this phenomena to the resurgence of the United Na-



Gwynn Dwyer

tions as a player in world affairs.

Dwyer speculated that China will soon make the move (another) towards democracy.

"Once the sufficient numbers of evil old men join Marx in China, we will see a rapid democratization, not a civil war. If this happens, 90 per cent of the human race will be living in a democracy."

Dwyer informed his audience that he had come a long way from the days of cold war cynicism. "I find myself in a ludicrously optimistic mood," he said.

Suggesting that an egalitarian planet will require more than a few lifestyle changes, Dwyer said.

"I think that we'll have to give up a lot. We have to make room for the rest of the world."

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Student left El Salvador in fear

By Sarah Jane Paterson

A Conestoga College student who fled El Salvador about 18 months ago and forced to leave her husband and four children, says her only "crime" was working for the Lutheran Church.

"I left because I could have been arrested. And if I was, maybe I would have been killed or maybe I would have been tortured," Guadalupe Cortez said.

"They (the government and security forces) accuse you (of helping the guerrilla movement) and make you sign declarations that you have participated with the guerrilla movement," the former social worker said.

"The church is said to be the greenhouse of the guerrilla movement," she said. To be a member of, or work in the church, can be very risky. You are labeled "communist." And to be communist is to be against the government.

"In El Salvador, there are soldiers in every block. You walk in fear and paranoia. Sometimes when I was walking, I would notice a person two to three blocks behind me. I would think to myself, maybe they are following me," said the 36-year-old woman.

The church where she had worked for eight years, the Resurrection Lutheran church, was being watched, she said.

"Some people were even captured after leaving the church. It was very common, almost every day," Cortez said in an interview conducted in Spanish.

She left El Salvador in January 1990 and entered Canada in November 1990.

Cortez began working with displaced children in the Lutheran Church's social programs there after taking a three-year social work

program in the university.

In 1988 she began helping refugees who were returning to El Salvador from Honduras.

"I lived with the people and they gave me testimonies. I couldn't write them because that was 'against the law,'" she said.

She believes the involvement of the church in the re-population was essential because "if it wasn't for the church, many people would have been killed, captured or 'disappeared.'"

Although Cortez was afraid of what might happen to her, she said she was comforted by the thought that she wouldn't be the first Salvadoran to die.

Cortez left El Salvador following a major Farabundo Marti for the National Liberation (FMLN) guerrilla offensive which began on Nov. 11, 1991.

The government publicly accused the Lutherans of helping in the offensive because it helped with first aid, food and housing of the poor who were suffering from the fighting, she said.

"It is no secret the air force began to bomb the neighborhoods where the poor live because they said, 'this is where the guerrilla is,' Cortez said.

Less than a week the fighting was over, the army dislodged the FMLN from the neighborhoods and the army began capturing people who were alleged to have participated with the guerrilla army. People were captured from popular organizations, churches, and unions.

Cortez said the majority of people who worked at the church were either in hiding, captured or left the country. Cortez and another woman had stayed behind helping people who were still arriving at the church.

After they filed a formal com-

plaint in a human rights organization for the people from the Lutheran church that had been captured by the National Guard, men dressed in civilian clothes began following them.

"Thank God we were able to escape. They followed us by foot and by car. I'll never forget it," Cortez said.

The two women went to their houses by taxi to get their children. They planned on going to Guatemala, where many church workers had already gone. The group went to the Red Cross intending to mislead the people following them by asking the Red Cross for refuge in a shelter somewhere else, and then not going there. "It was said the people inside were police clothed in Red Cross uniforms," she said.

They left the Red Cross and a block away there was an ambulance from the Episcopal Church. "It was a miracle. We told them our problem and they were able to get us out of there," Cortez said.

Cortez and her family went to a cousin's house, far away from her home, because they were unable to get the necessary papers to go to Guatemala.

After a month of hiding, Cortez was able to contact people from the Lutheran Church who helped her leave the country. She went to the United States for eight months and travelled, giving testimony and telling about the work and the persecution of the church in El Salvador, "not only the Lutherans, but all those who have a commitment to the people," she said.

"I continue to worry about El Salvador because a Salvadoran, in any part of the world, feels a commitment to our brothers," she said.

Cortez has applied to bring her family here, but it is a long process and could take up to two years.



Guadalupe Cortez, an EASL student at the Waterloo campus, shows a photo of the family she left behind when she fled El Salvador.

(Photo by Sarah Jane Paterson)

She said she feels "privileged" to have the hope of being together with her family someday because, "there are people who have lost their husbands, brothers, mothers..." she said. Someday, Cortez

plans to return to El Salvador and continue as a social worker.

"The commitment that I feel as a Salvadoran is for the people, our brothers who stayed there (in El Salvador)."

Campus doctor enjoys duties

By Lyn McGinnis

Dr. John Kan enjoys the half-hour drive to Doon every Tuesday and Friday mornings, because dealing with students is a refreshing change from his regular family practice.

"I have always been interested in student health," Kan said.

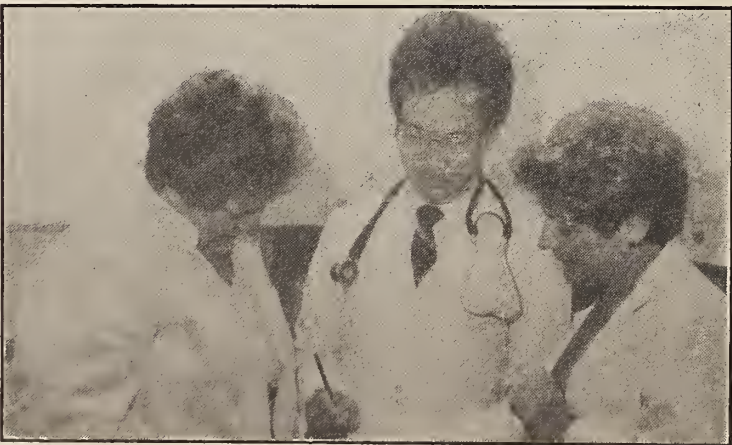
"I did a special elective at university on adolescent medicine. That's what got me the job, my previous experience and interest in it."

He started at health services in September 1980 having graduated the previous year from Dalhousie University in Halifax.

Kan is fascinated by student health, because so much is happening to people physically and emotionally between their late teens and mid-20s.

He has a personal theory as to why this area of medicine is not studied as much as others.

"Some people are interested in geriatrics and pediatrics. But student health is not emphasized. They



Dr. John Kan confers with senior nurse Marilyn Fischer and nurse Carolyn Glaze.

(Photo by Lyn McGinnis)

think they look healthy so very little attention is paid to them," he said.

There are several specific areas unique to college students Kan said. Some are related to physical health, such as sport injuries, birth control and sexually transmitted diseases.

He also sees the many faces of student stress, such as difficulties adjusting to college and being away from home, finances, and poor study habits.

Health services often is referring students to student services and vice versa.

"We work with the counselling department very closely," Kan said.

"If they see students needing medical help they refer them here. And the ones we see that aren't

really medical but they do need counseling we refer to them."

While the practice at the college is set up to operate like a small family office, able to deal with a wide range of situations, health services encourages out-of-town students to ask about the list of doctors in town accepting new patients.

Kan said this is because there is only so much a doctor can do two mornings a week.

"We are the surrogate family doctor while they are looking for their own," he said.

"We assess what the needs of the student are and then discuss with the student as to how to meet those needs.

"That's basically the function of health services in a nutshell."

AIDS policy protects student rights

By Lyn McGinnis

The AIDS/HIV Policy of Conestoga College states "AIDS (HIV infection) is a significant health problem with wide ranging societal implications."

According to the policy, these goals will be met through a five-point program. Students and staff will be provided with a safe work and learning environment by the college. They will have equal rights and opportunities without discrimination.

"HIV-positive students and staff will be able to continue to study and work as long as, 'they are physically and mentally capable of fulfilling their program and/or work objectives,'" the document states.

It goes on to say they will not continue if they become a safety or health hazard to themselves or others. This difficult decision would be made by the infected person in consultation with health and safety staff at the college and their own physician.

"We would treat them the same way we would anyone else suffering from fatigue," said Midge Ennis, a health nurse at both the Doon and Guelph campuses.

"People are usually reasonable when it comes to themselves. They are more than willing to look at alternatives," she said.

If requested, the college will assist a student or staff member to obtain special help, such as home care. Staff enrolled in the group-benefits plan would remain covered.

"I think the staff person's fear is their peers will find out what's wrong with them and cause a problem," Fischer said.

In 1987, the Association of Colleges of Applied Arts and Technology of Ontario sent out a directive saying community colleges should be developing an AIDS policy. At Conestoga College, the AIDS/HIV Policy committee was formed.

Committee members studied existing policies of various American and Canadian industries and institutions. After six months the committee put together the AIDS/HIV policy.

"Our policy was in place first and we've had requests from several colleges to share our policy with them now they are in a position to develop one."

"We think we've got a good policy. We think it's concise," said Fischer. "If there is a lot of verbiage, people aren't going to read it. They're not going to understand it. And I don't think that we've missed anything."

Conestoga grad finds "job of a lifetime" in Indonesia

By Kingsley Marfo

Shaking her head in time to the music from the Walkman radio on her head, she takes out a roll of film from a canister and inserts it into the enlarger.

"Making a print would be so much easier if I could cut this long roll of exposed film into shorter strips."

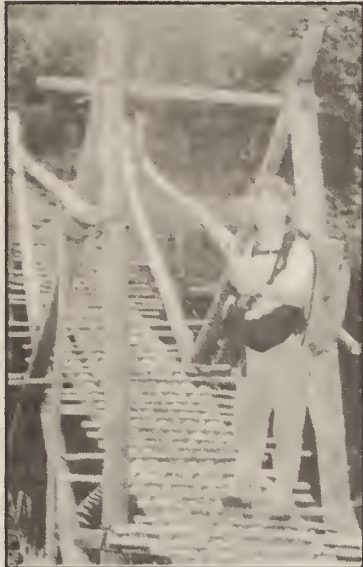
Christine Sinding, a 1984 journalism graduate of Conestoga College, had come back briefly to the Doon campus to use the darkroom facilities.

She could not cut up her roll of exposed film. "If I did, I could never get another print off this roll when I return to Indonesia, where negatives remain uncut."

Indonesia

Sinding works for the Canadian University Students Organization and is posted in Indonesia.

She is responsible for producing print media, including brochures, booklets, pictures, slides and script



Christine Sinding in Indonesia

writing as a means of effective communication to the locals.

Sinding said her role is to assist in the transfer of agriculture and medical technology to traditional villag-

ers in Indonesia through media.

"That all-too-familiar element of educational fun continues to highlight my new experience as I learn how to use media to teach as well as an aid to in the process of development for the natives," she said.

To achieve her goal of using media as an educational tool, Sinding also designs brochures and booklets. She also takes pictures, writes scripts and produces slides.

Although Sinding describes her job as a "job of a lifetime," Indonesia has not always been smooth sailing for the 28-year-old. She had to overcome cultural and language barriers. "I found myself bewildered and disoriented in a country halfway around the world."

Prior to her current placement, Sinding's career path has been challenging and has taken several detours.

After graduating from Conestoga, Sinding worked for various newspapers including the Woodstock Sentinel Review and the London

Free Press. While working for the Sentinel she also sold several stories to the Toronto Star.

At the Sentinel, Sinding often worked a 15-hour day, "but getting the paper to bed Tuesday was exhilarating."

After a year in Woodstock, Sinding quit to begin degree studies at Wilfrid Laurier University in Waterloo.

While at WLU, Sinding said she worked weekends at the London Free Press. At the same time, she worked as a reporter and assistant editor at the university's student newspaper.

"Subsequently, I burned myself out in a big way," Sinding said.

Working on a weekly

She later quit university to work for Arthur Enterprise, a weekly, where she covered three boards of education and local politics. "I wrote an average of four to five stories a day. I also had to produce a full standard-page Saturday spe-

cial once a month."

"I endured the frantic pace of a frazzled editorial staff."

Copy demands were unreasonable and despite my continued enjoyment of writing and need for further experience, I quit after a year and went back to university," Sinding said.

Her last job before joining CUSO was at Knechtels' supermarket in Kitchener. Her job included laying out advertising flyers, writing copy and designing materials necessary for promotion.

While at Knechtels' she was trained in desktop publishing and helped to bring their production room into the computer age, she said.

In her present position, Sinding said her experiences have proved beneficial in designing materials involving layout, photography and script writing.

Sinding has about a year left on her contract in Indonesia. She says she it has been "educational fun."

Salvadorean DJ Student hosts Spanish language show

By Catherine O'Brien

While most people look forward to a lazy Saturday morning, Leonel Perez awakens early and drives to Guelph where he spends his morning informing and entertaining local Spanish-Canadians in their native tongue.

Perez, a second-semester print-journalism student, at Conestoga College, Doon campus, is co-host of Central America Today, a Spanish radio show on CFRU 93.3 FM in Guelph.

Since immigrating to Canada two years ago, Perez has achieved many personal goals, including learning a new language.

This November will mark the first anniversary of the show, aired every Saturday between 8:30 a.m. and 10 a.m.

It is a fast-paced, weekly magazine-style program with a mix of music, news and commentary from Latin American.

"I like to give fresh information to the listeners. In Canadian news, very little appears from Latin America," Perez said.

According to the student, there are many thousands of Spanish-speaking Canadians living in the region. He feels it is important that they have access to familiar music as well as reminders of their politics and culture.

Not only is Perez host of the program, he is also the producer, technician, researcher and writer, all done on a voluntary basis.

"The news was my business for 12 years. It's work I love. I also think that radio can be an opportunity for people that want to do something in their community," he said.

Perez had formal training in journalism along with many years of professional experience.

He studied journalism at the University of El Salvador and completed three years of a four-year program.

Perez had married (and became a father) before he finished the program, so he took work as a reporter. During a 12-year period he worked



Leonel Perez in action at the radio station.

(Photo by Catherine O'Brien)

in all aspects of journalism, including radio, television and print, covering the on-going civil war in El Salvador.

When Perez first immigrated to Canada (it will be two years this Oct. 5) he worked at CHOW 790 AM, a multi-cultural radio station near Toronto.

"We air news and a Spanish show the format was different from other Spanish shows in Toronto because it was a really authentic Spanish program. Many people complimented us on it," Perez explained.

But the student and his family soon moved out of Toronto because it was too big and too expensive. They lived in Guelph for a short time before moving to Waterloo nine months ago.

In January of this year, Perez enrolled in the print journalism program at Conestoga College.

"I decided to take print because I think for me it is easier to read and write than to speak English. With my thick accent it would be very hard for me to find a job in Cana-

dian broadcasting.

"I wrote news in El Salvador and the system here is pretty much the same," Perez said.

Although he is experienced in journalism, Perez has faced some difficulties in the program.

"I remember the first day. I said I don't want to come back because I don't understand anything. But I studied very hard and got four A's," Perez said laughing.

"I am trying very hard, especially with my English. I have a necessity to learn and practice English. It is for my survival," he said.

Eventually, Perez would like to go back to El Salvador.

"I can get a very good job because El Salvador and Latin America need people who speak English and know about new techniques in journalism like Ventura (desk-top publishing)," he said.

For now, Perez said he will focus his energies on his school and learning more English. "You can get good results if you are willing to make a sacrifice," he added.

Charity group teaches computer skills

By Kim MacLaren

If you have a relative or friend who needs to learn how to operate a computer, but cannot attend college for some reason, there is help available at no cost.

The Applied Training Action Centre, a registered non-profit organization located in Waterloo, provides resources for the disadvantaged to gain computer skills, organize time and encourages people to "to get out there and enhance their lifestyles," Anna Marie Rempel, president of ATAC said.

The people who go to the training centre have a few things in common in that "they have nothing or very little in the way of material things, as well as no confidence, no education and no experience," she said.

Within the first three days at the training centre, they discover they have more knowledge than they thought they had, Rempel said.

Program focus

The focus of the program is self-direction and self-motivation.

She said the centre is there to provide a working knowledge of computer programs such as WordPerfect 5.0, Lotus 123 and Bedford (accounting) and is made accessible to "anyone who is interested."

Rempel said she strives to make a person comfortable with a computer keyboard and to focus on the screen because some people are only familiar working with typewriters and a computer can be "very overwhelming to them."

"We tell these people computers are user-friendly and it's much like using a bank machine," Rempel said. "It's that simple."

She said coming in and learning a computer program through book exercises or memory is a "structured form of learning and is a very limited form of learning. Our philosophy is the best way to learn is through practice," she said.

Rempel recalls a young man who had about 20 per cent of his vision and was sent to the training centre through a university and had to bring in his magnifying glass every day for a year to learn the operation of a computer. He became quite knowledgeable with computers and went on to take a librarian course at Mohawk College in Burlington, Rempel said.

Another success story was a woman whose son was diagnosed as partially retarded. The woman couldn't decide if she should buy her son a computer because, although he loved working on computers, she felt he could learn more before she invested in one.

Rempel said the parents transported their son from Paris, Ontario every day to the training centre for about a year so their son could complete the program. The Canada Employment Centre in Brantford signed him on to see how employable he was and hired him soon after that.

The organization is not government run and is "self-sufficient," Rempel said. "Fundraising is the means in which the organization survives. We run bingo's, accept donations and perform script services in which we type letters, essays or resumes for students and charge by the page."

With the incorporation of script services, Rempel said she hopes to offer the challenge of "earn while you learn." She said offering a student who is learning computers half of what is charged per page, is a good motivator to keep the student coming back.

"We would also be able to supplement the income from social programs that most are currently receiving," Rempel said.

A reason why some women stay too thin

by Kim Maclaren

The five-foot-six, 103-pound brunette rows even faster as tears of frustration well up in her eyes. She has only three minutes left on the rowing machine to reach the 60-minute mark. That's following a 45-minute aerobic class and 30 minutes at weight training. And yet she feels it wasn't enough to burn off the 600 calories she consumed yesterday.

Sandra Harris, 26, of Guelph, is recovering from an eating disorder called anorexia nervosa and has been in and out of therapy for the past three years.

"At one point I went down to 83 pounds," Harris said in an interview. "I still thought I was fat."

Harris said that at age 13 her measurements were 36-24-38. She said she hated the womanly curves and the sexual stigma attached and how men often mistook her for an 18-year old.

She said the fact that she was sexually abused by her father between the ages of five and eight, played a significant role in "how I perceived my body and the attention drawn to me. I felt dirty."

"To me, those curves meant I was asking for attention and that was the last thing I wanted."

Yo-yo dieting, obsessive exercise, bingeing and purging and abuse of laxatives and diuretics are but a few of the symptoms associated with eating disorders, now an epidemic in Canada, said Helen Ainsley, coordinator for Friends and Relatives Endure Eating Disorders (FREED) in Cambridge. Eating disorders are defined as extreme dieting in which the result is drastic weight loss. It's more a woman's affliction than a man's, while 95 per cent of those affected are between the ages of 12 and 35.

Pam Salin, a therapist dealing in eating disorders at the K-W Hospital said, "once an anorexic begins to put weight back on, she panics

and feels people won't like her anymore because she's fat."

She said obsession with food becomes a main priority because an anorexic is always hungry. The more weight lost, the less they eat and more exercise is incorporated into already rigid routines.

At 18, Harris began starving herself to eliminate the curves.

Teresa Castle-Reiss, a psychologist at the University of Waterloo, said that clearly there are common sexual themes linked to eating disorders issues, and current research shows a high percentage of women with eating disorders have been sexually abused.

"But that doesn't mean we can generalize and say all women with eating disorders have been sexually abused," Reiss said. "It is prevalent, but not always a consistent factor."

"It's new ground right now and more research needs to be done."

As society continues to set standards for body shape in which a woman's identity is connected with her looks and body size, "we will continue to work with eating disorder issues," Reiss said. Although women's body images have changed from Rubenesque to Twiggy-like to athletic, "what we haven't changed is the notion that our identity is wrapped up in our body image," Reiss said.

The changing of that image still encourages women to think "this is what you should look like and it's that way of thinking that we need to rid ourselves of," she said.

Joan Magazine, a counsellor at student services at Conestoga College, Doon campus, said a number of eating disorder cases that she has dealt with involved "women who

have been sexually abused at some point in their lives." She added that sexual abuse has become a prevalent issue among those women with eating disorders "but it's new ground right now and more research needs to be done."

"There is no magic pill or therapist."

Women with eating disorders are intelligent, attractive and super sensitive, Ainsley said. She said the sufferer uses the sickness as a tool at home to become manipulative because "they are very perceptive."

Parents come to FREED from as far away as North Bay to receive help in dealing with the frustration of watching their daughters waste away. Ainsley said parents feel guilty and helpless and often ask her, "What can I do to help my daughter? I'll do anything... anything at all."

She said she tells them at group therapy sessions, held every second Thursday at the K-W Hospital in the Gold Room, "there is no magic pill or therapist."

"There's nothing they can do to make her eat. She will eat when she wants to eat," Ainsley said.

The biggest problem is the mood swings, she said.

"The sufferer's attitude is so bizarre in the home that sometimes it pulls the parents apart. It's a constant push-pull situation," she said.

A parent may tell the daughter her hair looks lovely today and receive the reply, "I know I'm fat."

But Ainsley said eating disorders could soon become a sickness of the past.

"There is a light at the end of the tunnel. Thin is no longer in. Emphasis is on health and fitness. Too thin can indicate a person may be sick with cancer or AIDS."

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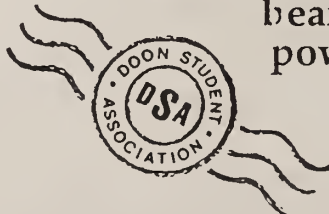
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Wish list

Doon campus more accessible to special needs students

By Nate Hendley

Back in the summer of 1989, Rick Casey recalls, he and Paula Saunders of Waterloo's Independent Living Centre, made a tour of the Doon campus. The two came up with a "wish list" of building projects, such as wheelchair ramps, pneumatic doors and a new elevator, that would make the school more accessible to special needs students.

Three years later, most of the items on Casey's list have been put in place or are under construction.

"I'm incredibly excited," said the college's special needs co-ordinator. "In the past, Conestoga was way below average for colleges in terms of accessibility (for disabled

students). There was no elevator or wheelchair ramps and few facilities for special needs students."

"When we built the college in the 1960s, accessibility was not a thought."

The college's decision to go ahead with retrofit building projects came after receiving grant money from the Ministry of Colleges and Universities.

Casey has remained active during construction, consulting with physical resources manager Barry Milner and director Dave Putt and sending them copies of the Ontario Building Code and other standards.

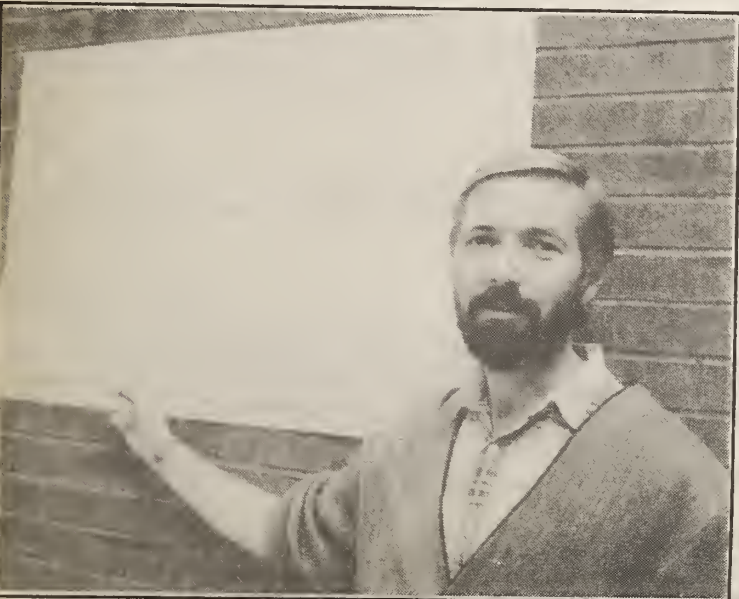
"I see myself as a resource person. I can't be out there with a measur-

ing tape. I just hope the people who are building are in the know," he said.

Casey said efforts by Putt and Milner have helped make the college more accessible to the disabled.

"I've got to give them credit. Our office says, 'We need this', and they have to do all the legwork. I look at

what's been done and realize the incredible logistics that went to put this stuff in."



Special needs co-ordinator Rick Casey points to location of special needs elevator.

(Photo by Nate Hendley)

History in the halls

By Ted Hodgins

The halls of the Detweiler Centre are home to many of the 20th century's great electrical geniuses. They watch over the students every day, teaching, informing and inspiring. These people, or at least their photos, line the walls of the centre and have done so for years. People like Thomas Edison and William Coolidge the creators of mechanical and electrical breakthroughs we all depend on today.

These photos were gathered by Heintz Pepper, the original Detweiler Centre co-ordinator. He got them from the archives of companies like General Electric and Westinghouse, who kept a pictorial record of their products and who created them. Pepper gathered the pictures from these companies' vaults to his new electrical center.

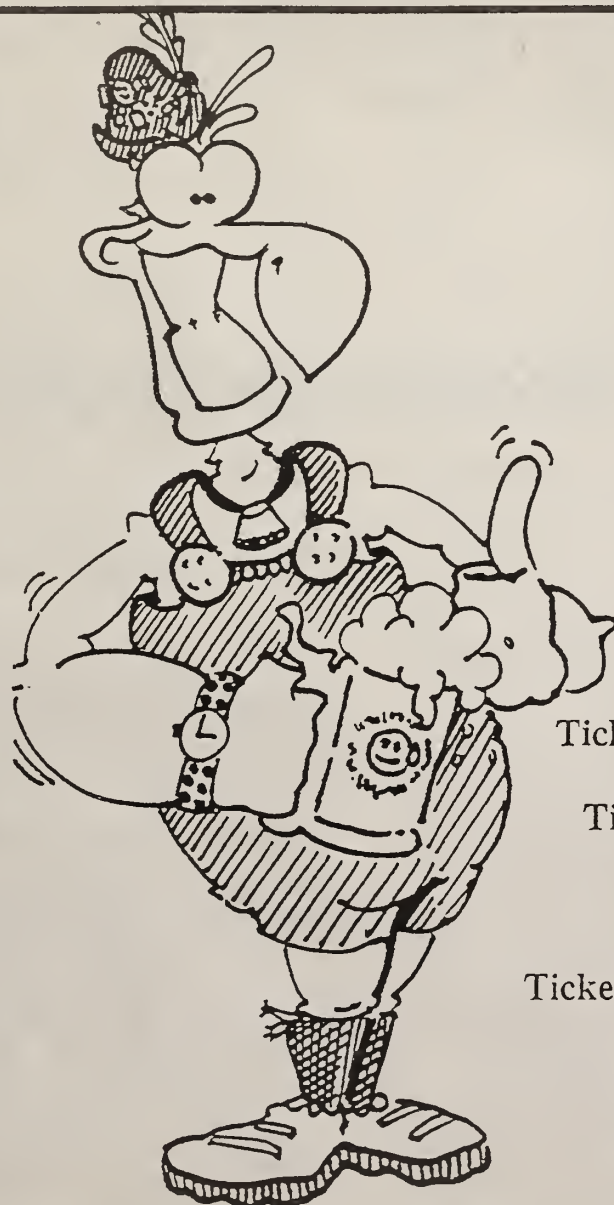
There he spent months researching each photo and character. He put the photo into frames with a page-long history and then lined the walls.

"Pepper was the foremost authority of electrical history so he was the most logical person to try such an undertaking," said George Woods, a present-day electrical professor.

These pictures are a great teaching tool for the students.

The Detweiler Centre, which is now at full capacity with over 200 students, has no future plans for the photos.

The photos will remain in their places for many years to come.



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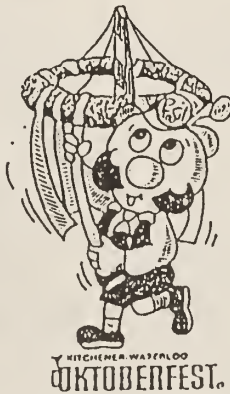
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Food rules anger students

By John L. Tachauer

A disagreement over food erupted between students and the Doon Student Association after a meal was served at a DSA meeting held in a room where food normally is prohibited.

Some electronics engineering students were upset after buffet-style food was brought into a DSA board of directors meeting held Sept. 19 in room 2A60.

Earlier, a student had been removed from room 2A17 in the same wing for drinking a can of pop.

But food is allowed in room 2A60 under certain circumstances, according to a memorandum from physical resources manager Barry Milner dated the same day as the incident occurred.

There are special events rooms in which food can be consumed during meetings, according to the memo. Room 2A60 is included, along with rooms 2A56 and 2A61 of the A-wing.

For a room to be cleared, a special events request form should be filled out at least 35 days before the event. Forms are available at the principal's office.

Steve Henry, first-year electronics engineering student, said,

"We are here from five or six in the morning to about nine at night."

The cafeteria is usually closed when the students arrive at school, Henry said. "It is like being kicked out of the house to eat at a restaurant," said first-year electronics engineering student Steve Blakely. "There is a spot (in the room) designated for eating" in the corner of the lab with a wastebasket.

There is also the inconvenience of locking up the lab every time the students leave, he added.

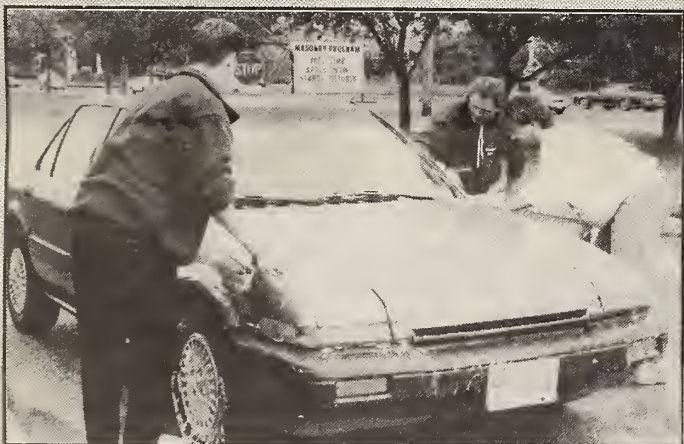
Anita Arnold, DSA vice-president (internal), who schedules the DSA meetings, said it is standard practice to serve food during the first board of directors meeting of the year.

Arnold said she had phoned administration to book a room and was asked to submit a list of criteria.

The room needed to be big enough to seat 50 people, have tables instead of desks and have food permitted, Arnold said, and room 2A60 was selected despite the warning about a food ban posted on the door.

Security has been just as strict as previous years about enforcing the general rule of no food in classrooms, said Bob Gilberts, head of security for Doon.

"The (new warning) signs are there so that everyone can see them," he said.



All washed up

Waterloo Student Association car wash raised \$158.31 Sept. 21, for Reaching Our Outdoor Friends (ROOF), which helps street youths. From left, student Sean Gardner, WSA president Paul Griffin and ROOF member Gerald Keogh.

(Photo by Jayson Hunt)

D.S.A. This Week

September 30 to October 4

Monday, September 30

- Thanksgiving Food Drive Week - Show you care and share! Deposit canned goods at the following drop off sites; DSA Offices, outside student Services, College Administration building.
- Conestoga College supports the Blue Jays. Bus departs from Door # 3 at 5:00 p.m.
- Give the Gift of Life! Red Cross Blood Donor Clinic from 10:00 a.m. to 3:00 p.m. in the Student Lounge. Have a good breakfast or lunch before giving.

Tuesday, October 1

- DSA Open House from 11:30 am to 1:30 pm at the DSA Offices

Wednesday, October 2

- Thanksgiving Food Drive Information table by Door #3 from 11:00 a.m. to 1:00 p.m.. Bring a canned food item and you will be eligible to win a draw prize!
- Slave Auction at 12:00 noon in the Main Cafeteria. Buy a DSA Slave with cans of food.
- Half price admission to the Condor's Varsity Hockey game V.S. Sir Sanford Flemming, with a canned food item. Game time 7:45.

Thursday, October 3

- Chess Tournament 11:00 a.m. to 2:00 p.m. by door #3. Entry fee \$2.00/person. All proceeds to the Society of Manufacturing Engineers, Conestoga College Student Chapter.



Fuel up before emptying out
Please eat before giving blood.
First time donors must have I.D.



RED CROSS BLOOD DONOR CLINIC

WHEN: September 30, 1991
10 a.m. - 3 p.m.

WHERE: Doon Student Lounge

GIVING BLOOD IS PAINLESS

AND IT

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Dellow puts her best foot forward

By Leanne Okum

Jen Dellow, the Doon Student Association's new assistant pub manager, is usually found running about the halls in bare feet. Dellow, 21, a third-year business management student, is one of the latest editions to the student executive. She's looking forward to interacting with people, helping to bring excitement back into student activities.

"I have always wanted to get involved and this position seemed like an excellent opportunity," Dellow said.

Her pet peeve of wearing socks and shoes didn't hinder her chance at getting hired for the position. Even though she had no previous experience with DSA, she was hired by Phil Olinski, DSA business manager, and Al McPherson, last year's assistant pub manager.

"She was the best qualified for the position," Jeffrey Nold, DSA president, said.

The Stratford native chose Conestoga College for a number of reasons, including its location. It was also highly recommended by

Part 3 of "Meet the DSA"

friends.

"I liked the interview process for the course because it was more personal and I got an overall picture of business so I can change with the society," Dellow said.

**"I always wanted to get involved and this seemed like an excellent opportunity."
— Dellow**

Although Conestoga was a hard decision over university, she has no immediate plans for the future. She could be looking into human resources as a career.

Her duties as assistant pub manager involve helping cashiers at the pubs, setting up and supervising pub staff, making sure the pub goes smoothly and efficiently.

Until the DSA hires a pub manager, Dellow is filling in that area also. Ruben Greenhouse, pub manager from two years ago, helped Dellow get pub events off to a good start.

"The pond party on Sept. 4 was not a great turnout but for the management point of view, it was good," Dellow said. "The orientation pub on Sept. 5 had a good crowd and sold out early in the evening."

Dellow feels as long as one pub has a good turnout, it helps promote a better turnout in the future.

Crediting the entertainment manager, Shawn McEwen, for his success at booking a good band, she just sits back and makes sure everything else goes well.

Dellow is looking forward to joining in school volleyball and baseball intramurals and is presently a member of AMS, the Administrative Management Society.

If Dellow wasn't in her last year at Conestoga, she probably would apply for the position again because she likes to do things to the best of her ability and is always looking for a way to spend her free time.



Jen Dellow, assistant pub manager, relaxes with her feet up.
(Photo by Leanne Okum)

Meet the treasurer

By Leanne Okum

The Doon Student Association's treasurer, Jen VanDerZwaag is diligently working hard towards getting her certified general accountant designation. Being one of the DSA's newest members is only a stop along the way.

VanDerZwaag, 21, was just hired a few weeks ago as treasurer but is already deep in training in learning the DSA's computer system. The third-year accounting student almost chose Georgian College over Conestoga because of their co-op program, but finding that Conestoga was better located for her, she applied.

Being on the DSA is only one reason why VanDerZwaag can never be found at home. Her participation in women's fast-ball at Conestoga and a member of the athletic committee helps keep this person busy.

In her new position, she will be preparing all month-end statements for the DSA, taking care of their payroll, helping make accounts payable and receivable and being a part of the personnel committee.

Last year, the DSA purchased the ACCPAC Plus system, a computerized accounting system, worth approximately \$2,000. The computer made the treasurer's job easier as long as they knew how to run it.

"We were looking for someone who was familiar with ACCPAC and was spirited so they can help us with promotions," said Jamie Slater, vice-president (external).

"I learned the system at home with help from my mother," said VanDerZwaag, "but there are plans to introduce the system in one of my courses."

VanDerZwaag is also being taught by last year's treasurer,



Jen VanDerZwaag,

Troy Schmidt.

"For the past two weeks, we have been doing cheques and trying things out. With some previous experience on computers, I am quick at catching onto things," VanDerZwaag said.

Her schedule will vary from week to week. If there is a pub, most of her time might be spent making out paycheques for staff. She admits it is hard to say how much time she will be spending in front of the computer as it may be only five hours one week and 20 hours the next week.

"Her schedule is one of the busiest I've seen," said Cathy Goodwin, DSA clerk. "Being the treasurer takes up a lot of time and starting into something from the beginning is harder for some people."

"She thrives on keeping busy and it's amazing."

VanDerZwaag is rarely ever found being bored as she likes to keep busy in whatever she does.

"If I manage my time properly, I can do as well as I have in the past two years," VanDerZwaag said.

Arnold determined to be approachable

Vice-president promises to have open-door policy

By Stewart Shuttler

Doon Student Association vice-president (internal) Anita Arnold said one of the main things she is trying to institute this year is an open-door policy.

Arnold, a third-year nursing student, said she is trying to be more approachable. She has certain hours in her schedule every week so that people can talk to her about anything on their minds. People can come up to her in the halls or "wherever they happen to catch me."

**"I want to let the students know we're there."
— Arnold**

Arnold said her main duty as vice-president is to increase student awareness of the DSA and how they can become involved.

"I want to let the students know we're there," she said.

To do this, she said the DSA will be getting involved with the date rape awareness week and AIDS awareness week.

Another part of Arnold's job description is being a liaison with Spoke, the student newspaper, to encourage more communication between the two.

Arnold is in charge of the DSA's board of directors, and she wants to expand the number of students involved in the board this year.

She said she wants to increase the responsibility that the students have with the board, and by doing so increase other students' awareness of the board.

Over the summer, Arnold worked on making the board of directors' constitution more understandable, with less "mumbo jumbo." It was to be taken later to lawyers to be final-



Anita Arnold, vice-president (internal) is available to give students information on upcoming events.

(Photo by Leanne Okum)

ized.

Arnold was elected to her position in April.

"I filled out an application form, I ran, and here I am," she said.

**"I always find out things the beginning students don't know that you just assume everybody knows,"
— Arnold**

Arnold has taken leadership classes and was involved in student council in high school.

During her time at Conestoga, she said, working as a peer helper and peer tutor has kept her well-informed about the people of Conestoga.

"I always find out things the beginning students don't know that you just assume everybody knows," Arnold said.

Arnold said the image of the DSA needs improving. "We are at a point so low we can only go up."

She said that last year the DSA got bogged down with technicalities and therefore attendance at DSA-sponsored activities dropped, but she said that won't happen this year.

"It's small changes that make a big difference," she said.

She said the DSA has to get more involved with the rest of the school, and one way of doing this is to hand out questionnaires after pubs and other events to find out how students liked them and what improvements can be made.

"The DSA has got to be run for the students and the students' desires," she said.

Posters removed from DSA bulletin boards

By Leanne Okum

When Stewart Shutler, Spoke's entertainment editor, posted public notices on the bulletin boards asking musicians and actors to contact him about possible stories, he was surprised to find them torn down the next day.

A letter from Jeffrey Nold, Doon Student Association president, and a copy of the DSA bulletin board posting policy told him why.

The policy stated that postings on DSA bulletin boards are limited to posters for DSA-organized and co-sponsored activities, subject to space being available. Posters must have the DSA logo and unapproved posters would be taken down, the policy said.

"I didn't know about the policy. The bulletin boards were labeled DSA but they were the only ones I saw. There was no room to hang posters any other place," Shutler said. The policy was instituted by the DSA in order to control some of the bulletins that were being posted

in the school, Nold said.

"People put posters on the bulletin boards to promote, sell products or to tell other people their ideas.

Our boards became plastered with everything."

All DSA boards have a yellow backing with a black border. A DSA sign is also posted on the border.

"The DSA has paid for the boards, with approval from administration and we maintain them to keep them looking professional," said Nold.

"The boards themselves are very costly, as we have to redo the backing every year." The policy would permit posters if the college community at large is affected.

"If it is for a certain number of people, it won't benefit the college as a whole," Nold said.

Unless notices on the boards are co-sponsored by the DSA and carry their logo, they will be removed, he said.

"Basically, if it doesn't have anything to do with the DSA, it shouldn't be posted on our boards."



Robin Carmount (l) and Adrian Loxton look over the bulletin board postings. DSA bulletin boards are limited to DSA sponsored material.

(Photo by Renee Ammendolia)

Security called the best insurance policy for pub nights

By Nate Hendley

Providing strong security measures is often the best insurance policy the Doon Student Association can have at pub nights, said DSA business manager Phil Olinski.

"Some of the best money we make at pubs goes to security.

The security makes a better overall environment for patrons to enjoy," Olinski said.

Five to six DSA staff circulate or the floor during pub nights, said assistant pub manager Jen Dellow. These 'floor walkers' keep an eye on patrons and are quick to stop any dangerous behavior among students she explained.

Olinski added, "There are always two policemen at pubs.

The DSA pays them \$100 each to be there. It's very beneficial to the staff to have cops there.

The police are more of an authority figure than a staff person."

But stopping potential problems before they happen is preferable to having to use police or floor-walkers to cool down situations involving drunken students.

All pub staff received a three-hour training session Sept. 3, where they heard presentations from members of the liquor board and the Waterloo Regional Police.

Pub staff are trained to recognize signs of intoxication and as Dellow

points out, "Staff have the right not to serve someone who is getting too drunk, or ask them to leave if they're getting out of hand."

If a staff person does ask a patron to leave, Olinski added, "The staff then have a responsibility to make sure the person is all right, that they don't just leave the pub and drive home."

In a situation where a patron was asked to leave, staff try to make sure a sober friend would be driving the person home.

Since the college is situated on the outskirts of Kitchener-Waterloo, drunk driving is a major concern of the DSA at pub nights.

"We have a designated driver pro-

gram in effect. You can register when you come in.

You're given a sticker identifying you and a Pepsi cup identifying you to staff as a designated driver," explained Olinski.

Designated drivers can buy "reasonably priced non-alcoholic drinks."

Rowdiness and damage to property is another concern for staff, but Olinski said this has not been a problem at recent Doon pubs.

"We've always been very fortunate. When there have been problems with specific students (doing damage) we've always been able to find the students involved and hold them responsible."

Property damage is paid for by the students who caused it, if they can be identified, said Olinski.

The DSA does carry an all-risks insurance policy with the Guaranteed Company of North America, Olinski said, for any damage incurred over \$250.

Under the policy the DSA would cover any damage below \$250 if the responsible students could not be found.

Olinski and Dellow agree the DSA's security measures help make college pubs run smoothly. There were no major problems with vandalism, drunk driving or rowdiness at the Sept. 4 Skydiggers pub night according to Dellow.

Amended constitution for DSA soon to be ratified

By Stephen Uhler

An amended constitution governing the Doon Student Association will soon be ratified, ending a process initiated by its former president John Lassel at the beginning of last year.

Anita Arnold, vice-president internal, said the constitution will be brought before the board of directors (BOD), the top governing body of the DSA, at its Oct. 10 meeting.

Changes to the document include the retention of voting privileges for the DSA's full-time non-elected staff members at the executive level and a clearer definition of eligibility requirements for positions in the DSA and its board of directors.

"The work on the constitution was actually completed around the last week of August," Arnold said.

She had been chosen by the DSA executive in May to assist in drafting up a formal version of this document and had been working on it throughout the summer.

"What's been happening since that point is it's been going through editorial revisions."

These revisions include correcting spelling errors, format changes and other refining of the constitution.

"Some of the biggest changes (since August) are in the general wording of the constitution," Arnold explained.

"We want it to be in simple English that the average person could understand."

To be ratified, the constitution has to be approved and voted for by the members of BOD.

It is through the board that students have an opportunity to express their opinions about the document, as it comprises one member for each year of every program eligible to vote.

"Once it goes to the board, anyone can see it, look at it and feel free to put input into it." - Arnold

"Once it goes to the board, anyone can see it, look at it and feel free to put input into it," Arnold said.

"If the board felt it needed more input, they would recommend a survey of the students."

"It may take two or three board meetings depending on the amount of changes."

Afterwards, the constitution will be sent to a lawyer to make sure it is legally correct, a process, Arnold said, that should be completed by Christmas of this year.

The amendment process for the constitution was initiated by Lassel in early 1990.

Former DSA treasurer Troy Schmidt said the organization itself only recently became student-run. Citing the activities of past DSA members, Schmidt said, "they just didn't care. They were here just for the fun of it."

He also said they were content to let full-time staff advise them on practically every matter concerning the DSA.

Lassel himself said in an interview with Spoke in January 1990, that former executive members seemed to be more concerned with their personal popularity than acting in the best interests of the student body.

The DSA formed a constitution committee to develop and implement changes to the document in order to make the organization more student-run.

Some of these changes would have denied full-time staff members, such as business manager Phil Olinski, and activities co-ordinator Becky Westman, a vote at either the executive or board of directors level.

These people are hired by the executive, not elected. However, during a meeting on May 27 of this year, it was decided by the DSA executive that the staff should be allowed to retain their vote only at the executive level.

Jamie Slater, vice-president external, said at the meeting although the DSA is a student organization, both Olinski and Westman have executive status, and thus deserve a vote.

Olinski said the full-time staff have a great deal of responsibility and accountability for their position and questioned whether it made sense to deny them authority over decisions affecting their area of work.

Schmidt agreed and said it would be a mistake to leave financial decisions solely up to

the student members of the DSA, without staff members like Olinski having any influence on it.

"It's pretty hard to take away his input at the executive level, as he's here year after year and is accountable for it," Schmidt said.

"It's pretty hard to take away Olinski's input at the executive level, as he's here year after year and is accountable for it." - Schmidt

The amended constitution is to also clarify eligibility requirements for DSA candidates and board of directors members.

Officers of the DSA and board members will have to have at least a C average and fail no courses.

As well, positions and responsibilities on both the executive and the board will be further defined and clarified.

Arnold said there has been other proposed amendments to the document, but said, "I don't really feel I can talk about them now."

She said it would be unfair to discuss these changes before presenting them to the BOD.

The board will meet Oct. 10 at 4 p.m. in room 2A60. The meeting is open for all students to attend.

The Metal Mike Show

Broadcasting student has his own television show on Rogers Cable community channel 20



"Metal" Mike Coughlan

By Stewart Shutler

Heeeeeeeeee's Mike!
"Metal" Mike Coughlan, a third-year broadcasting student, has his own information/comedy television show on the Rogers Cable community-access channel 20.

Coughlan describes it as "David Letterman meets Saturday Night Live and Entertainment Tonight with a splash of long hair."

Debut

The Metal Mike Show debuted this year on August 17, and has been repeated seven times since then.

Coughlan said he sees people "every 10 minutes" who have seen

the show.

He said he loves hearing the feedback from people on what they thought of the show. He was told there was an unprecedented number of phone calls on the station's response machine after the first show aired.

Coughlan said the reaction has been, "in a word, incredible. It makes you want to go out and do the next one."

He said he has taped one show so far, and he was to have taped another one on Sept. 26 which is to air sometime in the first half of October.

Coughlan said he doesn't know the exact time the show will be scheduled until it is taped.

Coughlan said he has sent demo tapes out to as many places as he could and he went to Rogers Cable at the beginning of the summer with the idea for the show. To back up his idea, he had a tape to show them that he made from what he has done in school.

Nickname

The idea for his "Metal Mike" nickname came from when he was in high school and reviewed heavy metal records for his school paper.

"I do the writing on the show, and just about everything else. It's a lot of work, but when it pays off, it's so much fun," he said.

The only thing on the show Coughlan does not do is the direct-

ing, which is handled by Craig Hamilton.

Coughlan said Hamilton knows a woman who's taking a writing course in university who will soon be helping with some of the writing on the show.

Coughlan said he would like to make a career out of what he is doing on the show. He likes producing and being behind the scenes, but enjoys even more being in front of the camera.

He said he would like to be a VJ on MuchMusic or eventually host his own network show.

"Hopefully, this show will help me out. It'll be good exposure, and it'll be great to put on a resume," he said.

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Auditorium: Oct. 2.
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on Tues. Oct. 1

in the DSA Activities Office located on
the main cafeteria

DSA Presidents Office and DSA
Administrator Office are both located
inside Door #3 near the student lounge

Free Cake!
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Meet The DSA!
Displays!
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Comic juggles laughs, plates and knives

By Stewart Shuttler

Students in the Doon campus main cafeteria Tuesday, Sept. 17, were lucky comedian Jeff Bradley, 25, was able to juggle his performing schedule to fit in a nooner at Conestoga.

The crowd was slow to warm up to Bradley, but once he got two students up on stage to help him, the audience was all his.

Bradley asked Karen Admunds, a first-year Law and security administration student, to help him with a card trick.

He told her to pick a card, show it to the audience, then replace it in the deck.

Bradley's guessed the card; he was wrong. But, he explained: "Sometimes it takes me 40 or 50 times to get this right."

He made more guesses throughout the show, then at the end turned around and the card Admunds picked was taped to his back.

He then asked Dave Murr, a second-year woodworking student, to join Admunds onstage for some mime juggling.

Showing a bit of humorous favoritism to Admunds, Bradley praised her while berating Murr for dropping his imaginary balls. After a practice mime round, he helped his volunteers with the real thing.

First, he juggled balls with Murr, and did a sleight of hand trick at the same time by taking Murr's watch. Then he stood behind Admunds and put his hands in front of her to make it appear she was juggling knives instead of him. This was quite a crowd pleaser with Bradley making sexual innuendos, such as saying Admunds was making things "hard" for him.

In the rest of the act Bradley juggled knives while balancing him-



Comedian Jeff Bradley juggles plates during a nooner at Doon.
(Photo by Stewart Shuttler)

self on three small rolling tubes, juggled plates, and told jokes.

His jokes covered a wide range of topics, including his thoughts on euthanasia and Final Exit, a book on how to commit suicide. He laughed at the thought of the Hemlock Society, a group dedicated to the promotion of deathly ill people taking their own lives.

"They must have to elect a whole new executive every time they meet," he quipped.

At the start of the show, to get acquainted with the audience, he asked if people drank a lot of alcohol. Not getting much response, he said, "That's right. We don't have to have alcohol to have fun any-

more. We've got crack instead!"

In an interview after the show, Bradley said he has been performing his comedy juggling routine for five or six years, and has been touring colleges for almost as long. He likes playing at colleges because his lifestyle is not much different from that of a college student.

Much of the act he performed for the nooner was geared to a college audience, featuring such things as jokes about meeting a girlfriend's parents for the first time.

Bradley said there is still more he wants to learn about performing, but by the way the crowd responded at the nooner, he's just fine the way he is.

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AIDS awareness week :
Oct. 7 - 11

Board of Directors Meeting

Thursday, Oct.10, 1991 at
4:00 p.m.

Room 2A60

For more information contact
Anita Arnold, VP internal at
748-5131



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INTRAMURAL MEN'S FASTBALL

TEAM NAME	CAPTAIN	PHONE NUMBER
The Try Hards	Jason Baier	895-1562
Lumber Jacks	Cory Veitch	895-1463
LASA II RoboCops	Brian McIlravey	578-6477 (Russ)
Regulators	Joe Brazeau	747-1148
Rebels	Mike Nagy	895-0431

SCHEDULE

DATE	DIAMOND	4:30 - 5:30 p.m.	5:30 - 6:30 p.m.
Tues., Sept. 17	#2 #3	Try Hards vs Lumber Jacks Rebels vs RoboCops	Rebels vs RoboCops
Tues., Sept. 24	#2 #3	Try Hards vs RoboCops Lumber Jack vs Regulators	Try Hards vs Rebels
Tues., Oct. 1	#2 #3	Regulators vs Rebels Try Hards vs Lumber Jacks	Try Hards vs Regulators
Tues., Oct. 8	#2 #3	Regulators vs Rebels Lumber Jack vs RoboCops	Lumber Jack vs Regulators
Thurs., Sept. 19	#2 #3	Rebels vs RoboCops Try Hards vs Regulators	
Thurs., Sept. 26	#2 #3	Lumber Jack vs RoboCops Try Hards vs Rebels	
Thurs., Oct. 3	#2 #3	Lumber Jack vs Rebels Try Hards vs RoboCops	
Thurs., Oct. 10	#2 #3	Lumber Jack vs Rebels Regulators vs RoboCops	



ECE unininvolved with sports

By Jamie Slater

In many cases it is hard to meet people outside of your program, especially if you're isolated in another building like the Early Childhood Education Centre.

Marie Newell, a second-year ECE student and current public relations convenor on the student athletic council is tearing down the isolation walls in order to get people involved.

"I was involved in officiating last year," Newell said. "I got to know some people from last year's SAC and it seemed like a position I could get into and make some changes."

Newell, 24, has straight-forward duties, but handles them exceptionally serious.

"I want to make sure people know who I am, what SAC does and push intramurals," said Newell.

"ECE students are terrified to get involved. I want to see that people have a proper understanding that intramurals are fun. They're the extra in school that allows for meeting new people, it's important to grow."

Newell, a member of the defending champion varsity women's softball team, can also be found officiating many intramurals this year, including slo-pitch, volleyball and basketball. She is confident,

however, she can handle her extra-curricular involvement.

"The school part is challenging, but I don't have a time management problem," said Newell, who quickly added, "But it's still early in the year."

Newell has set many goals that she would like to see implemented over the next year.

"Personally, I'd like to see some bleachers put outside to improve attendance," she said.

"I know it would cost some money, but I wouldn't want to sit on the cold, hard ground in the middle of October."

She would also like to see more advertisements used outside of the recreation complex and better relations with both the Doon Student Association and Spoke.

Although she is scheduled to graduate in January, Newell is currently looking into the education assistant program in order to expand her horizons and finish her term on council.

"I'm going to use my ECE skills, but not in that field," said Newell. "I would rather work with 13-year-olds. I'm looking at working in a public or junior high school setting at this point."

Newell is prepared for an exciting year and is looking forward to playing varsity softball.

Athletes of the week



Humberto Pereira

Humberto Pereira was named for the second week in a row as male athlete for his performance with men's soccer Condors. Pereira scored two goals in three games last week, including the tying goal against Mohawk College. Pereira is enrolled in the construction tech-



Jaimi Prentice

Jaimi Prentice of the women's soccer Condors was named female athlete of the week for accomplishing a shutout in the Condors first Ontario Colleges Athletics Association game. Prentice is enrolled in the law and security program at Doon.



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1991-INTRAMURAL "Ultimate" League			
<u>TEAM NAME</u>		<u>CAPTAIN</u>	<u>PHONE NUMBER</u>
LASA II "Robocops"		Adrian Laxton co- Jamie Prentice	893-0398 748-2031
Individuals		Dave Lunn co- Gerrard Couling	821-9846 578-1909
LASA I		Adam Lorrin co- Tony Barbuto	895-0653
Tuesday (Side Field beside Tennis Courts)			
<u>SCHEDULE</u>			
<u>TUESDAY</u>	September 17	4:30-5:30p.m.	LASA I vs. INDIVIDUALS
	September 24	5:30-6:30p.m	INDIVIDUALS vs. ROBOCOPS
	October 1	5:30-6:30p.m	LASA I vs. ROBOCOPS
PLAYOFFS	October 8	Semi-4:30-5:30p.m	2nd vs. 3rd
		Final-5:30-6:30p.m	1st place vs. 4:30 winner
NOTE: *Thursdays are available if needed.			
Thursday, September 19,26			
October 3, 10			



INTRAMURAL CO-ED-SLO-PITCH LEAGUE

WEDNESDAY DIVISION

TEAM NAME	CAPTAIN	PHONE NUMBER
Athletic Supports	Adrian Hart	X323
Blackballs	Oave Zuber	578-2025
Cubs	Ken Cenerelli	893-9446
The Leaky Sheiks	Chris Cathers	895-0947
Sluggers	Kain Vautour Steve Brown	741-8456 740-8434
New Kops On The Block Doon Jays		

SCHEDULE

DATE	DIAMOND	4:30 - 5:30 pm	5:30 - 6:30 pm	6:30 - 7:30 pm
Wed.,Sept. 18	#2	Cubs vs Doon Jays	Leaky Sheiks vs Sluggers	OPEN
	#3	New Kops vs Ath. Supports	Blackballs vs Doon Jays	
Wed.,Sept. 25	#2	Doon Jays vs New Kops	Ath. Supports vs Leaky Sheiks	New Kops vs Leaky Sheiks
	#3	Blackballs vs Cubs	Sluggers vs New Kops	Cubs vs Ath. Support
Wed.,Oct. 2	#2	Cubs vs New Kops	Blackballs vs Leaky Sheiks	Sluggers vs Blackballs
	#3	Ath.Support vs Doon Jays	Cubs vs Sluggers	Ath.Support vs Blackballs
Wed.,Oct. 9	#2	Doon Jays vs Sluggers	Sluggers vs Ath.Support	Doon Jays vs Leaky Sheiks
	#3	New Kops vs Blackballs	Cubs vs Leaky Sheiks	

PLAYOFFS: Wednesday, October 16 - 4:30 - 7:30 p.m.

PLAY ALSO FOR FUN IN FINALS



SPORTS

Softball champs in big trouble

By Jamie Slater

The Conestoga Condors women's softball team have lost their championship touch so far this season.

The three-time Ontario Collegiate Athletic Association (OCAA) women's softball champions were 0-4 after their first four games and had to win all their next games in order to qualify for the finals, said assistant coach Becky Westman.

In the first game of the season, the Condors lost to Durham College 9-4. Durham's pitcher, Traci Hanc, had three strikeouts.

While Conestoga's Jenny VanDerZwaag stuck out six, Centre-forward Donna Ferraro and Marie Newell each had 2 hits during the game.

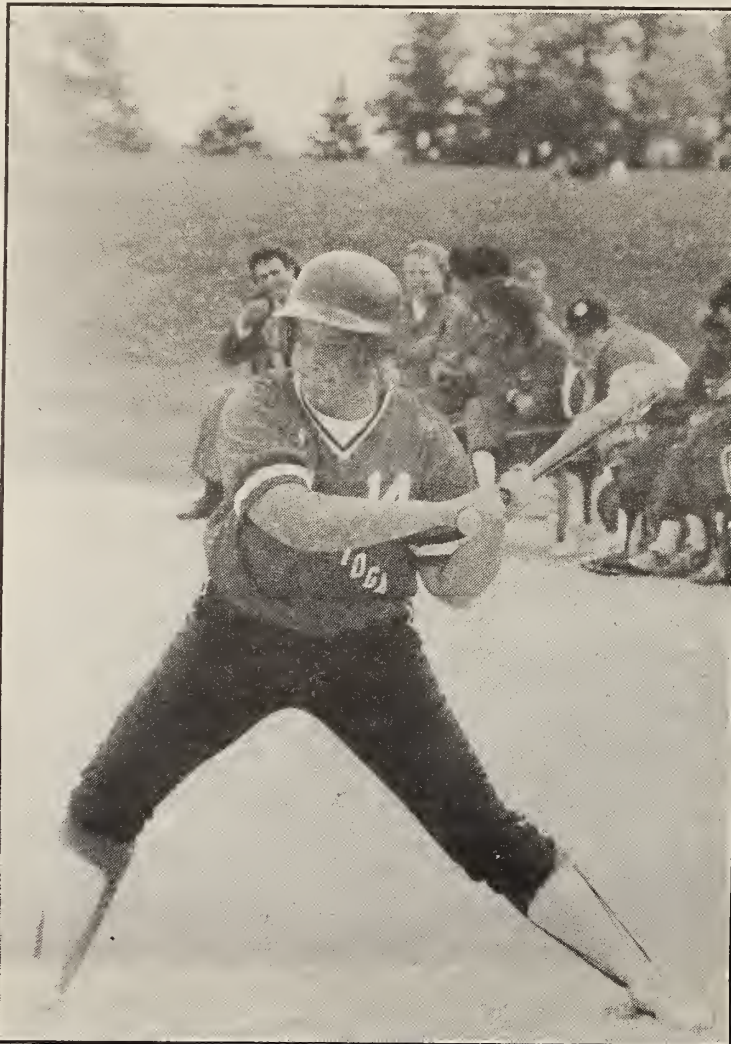
In a Sept. 15 game at St. Lawrence, the Condors almost made a comeback after being down 10-3 in the fifth inning by scoring five runs in the seventh. St. Lawrence held on and won 10-8. Centre Michelle Drury had two hits while VanDerZwaag struck out 10 players.

The Condors lost another close game to Loyalist College 4-3. Rookie Lori Elsby had two hits while VanDerZwaag also struck out six players.

Making matters even worse, Newell pulled a muscle in her leg and will be out for the next 10 games. Despite her injury, Newell finished the two games Sept. 15.

In their first home game, the Condors hosted Seneca College Sept. 18.

Ferraro stole home late in the fourth inning with Seneca leading 3-0. Despite their efforts, the Condors could not catch up and lost 4-3. Seneca's pitcher, Andrea English, struck out nine, while VanDerZwaag managed only



Condors' pitcher Jenny VanDerZwaag takes a swing.

(Photo by Jamie Slater)

three.

On the plus side, VanDerZwaag has struck out 24 players in four games. The team has a chance to make up lost ground under new OCAA rules allowing each team to play each other twice before deciding playoff spots.

The team lost many players and their coach last year, so in many ways it is a new era for the Con-

dors.

"We're in a building year and have a lot of potential," said Newell from the sidelines. "We'll give (other teams) a run for their money."

The team now is coached by Jim van Trig, assisted by Westman and Tracey Gimby. The Condors next home game is Wednesday, Oct. 9 against Mohawk College.

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